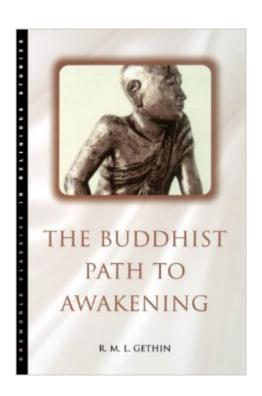
# The book was found

# The Buddhist Path To Awakening (Classics In Religious Studies)





# Synopsis

An authoritative and critically acclaimed book, in which the author traces the path of enlightenment as it is found in 37 pieces of Buddhist literature, known as the bodhi-pakkhiya dhamma. The result is a thorough and engrossing piece of work, which provides a unique insight into the nature not only of Buddhism, but also the mystic experience generally.

## **Book Information**

Series: Classics in Religious Studies

Paperback: 400 pages

Publisher: Oneworld Publications (August 27, 2001)

Language: English

ISBN-10: 1851682856

ISBN-13: 978-1851682850

Product Dimensions: 6.1 x 1 x 9 inches

Shipping Weight: 1.5 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars Â See all reviews (3 customer reviews)

Best Sellers Rank: #829,990 in Books (See Top 100 in Books) #127 in Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts > Confucianism #211 in Books > Politics &

Social Sciences > Philosophy > Eastern > Buddhism > History #295 in Books > History > World >

Religious > Buddhism

## **Customer Reviews**

This is a masterful work. It contains a thorough discussion of the 37 dhammas that contributes to awakening, according to the Abhidhamma, but based on the teachings in the suttas. Since these dhammas cover all important path factors (plus some repetitions), the subject is huge and highly important to understanding early Buddhism. Gethin does a great job of it and any reader is bound to find much insight to the teachings. He is especially good at discussing the details of important technical terms. If the book has any weakness it is a tendency to put too much trust in the later scholastic (Abhidhamma) interpretations of the teachings. But that is a minor quibble, this is a must read for any serious student of early Buddhism!

One of the delights of studying the Yogacara is discovering the inclusive nature of the Yogacarabhumi-Sastra. As a Mahayanist who took refuge with a Tibetan Lama in 1986 I can say without a doubt the sambhara-marga practices of the First (sravaka) Path namely 'the meditation on

the impurities', (including the famous meditation on the corpse, and functional equivalent of 'the Four Thoughts that Turn the mind'), 'the meditation on the breath' combined with 'the four topics' (which include 'the 37 actors of awakening'), is just the grounding I have seen overlooked for 25 years. No matter what rational you are given for the effectiveness of waiting for a bolt of insight out of the blue sky to shatter the Blasted Tower of your conceptual mind - working to transform the ground of your character is not a waste of time. That is why I wanted to recommend this book: Gethin, R. M.L. - The Buddhist Path to Awakening: A Study of the Bodhi-Pakkhiya Dhamma . Oneworld, 2001. It is profoundly methodical, and whether you view the '37 factors of Enlightenment' as a sequential map of the path, a locator for your mind-qualities at any point in the path, or as the factors needed to be present at the moment of awakening - you will be getting it right. The discipline you get from pursuing this book will actually result in a kind of relaxation - you will have rehearsed a vocabulary of mental-qualities in enough different contexts that they become a music rather than a scaffolding. WARNING: I am not a scholar so I am unable to check his assertions against a solid back ground of knowing the field. I just got a lot from "moving in" to this book on and off for a month in daily sessions.

#### A-OK.

### Download to continue reading...

The Buddhist Path to Awakening (Classics in Religious Studies) Religious Therapeutics: Body and Health in Yoga, Ayurveda, and Tantra (SUNY Series in Religious Studies) (Suny Series, Religious Studies) Buddhist Nuns, Monks, and Other Worldly Matters: Recent Papers on Monastic Buddhism in India (Studies in the Buddhist Traditions) A Monastery Within: Tales from the Buddhist Path Books of Breathing and Related Texts -Late Egyptian Religious Texts in the British Museum Vol.1 (Catalogue of the Books of the Dead and Other Religious Texts in the British Museum) Mudras for Awakening Chakras: 19 Simple Hand Gestures for Awakening and Balancing Your Chakras: [ A Beginner's Guide to Opening and Balancing Your Chakras ] (Mudra Healing Book 3) Third Eye: Awakening Your Third Eye Chakra: Beginner's Guide (Third Eye, Third Eye Chakra, Third Eye Awakening, Chakras) Toward a Psychology of Awakening: Buddhism, Psychotherapy, and the Path of Personal and Spiritual Transformation Awakening to the Spirit World: The Shamanic Path of Direct Revelation Awakening Kundalini: The Path to Radical Freedom Awakening Spirits: A Native American Path to Inner Peace, Healing, and Spiritual Growth (Religion and Spirituality) The Four Noble Truths and Eightfold Path of Buddhism: Discover the Essence of Buddhism and the Path to Nibbana Steps on the Path to Enlightenment; A

Commentary on Tsongkhapa's Lamrim Chenmo, Volume 2: Karma (Vol.2) Nigerian studies; or, The religious and political system of the Yoruba Religious Reading in the Lutheran North: Studies in Early Modern Scandinavian Book Culture Shankara and Indian Philosophy (Suny Series, Religious Studies) Religions of Melanesia: A Bibliographic Survey (Bibliographies and Indexes in Religious Studies) The Hidden Lives of Brahman: Sankara's Vedanta through His Upanisad Commentaries, in Light of Contemporary Practice (SUNY Series in Religious Studies) The Religious Thought of Hasidism: Text and Commentary (Sources and Studies in Kabbalah, Hasidism, and Jewish Thought, V. 4) Evil, Good, and Gender: Facets of the Feminine in Zoroastrian Religious History (Toronto Studies in Religion)

**Dmca**